

The Compassionate and Gracious God

and His Compassionate and
Gracious People

by John Sullivan



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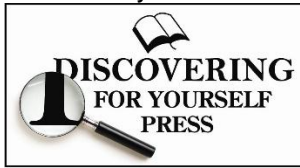
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*The LORD, the LORD, the compassionate and gracious God,
slow to anger, abounding in love and faithfulness.*

Exodus 34:6

**The Compassionate and Gracious God
and
His Compassionate and Gracious People**

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Notes

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***Cast all your anxiety on him,
because he cares for you.***

1 Peter 5:7

*This is who God is, and this is who we are because of him:
God is compassionate, and he has given us the ability to be compassionate.
God is gracious, and he has made us to be gracious.
God is slow to anger, and, because of him, we can be slow to anger. (Believe it!)
God is abounding in love, and he has passed on to us the ability to love.*

Conclusions

After studying and meditating on these Scriptures, what are your convictions about the questions asked in the introduction?

1. Is this the way you view God?
 - **Personally.** Do you believe that he is compassionate and gracious towards you? (Again, as mentioned twice already, believe statements like the one found in **1 Peter 5:7**.)
 - **Practically.** In the moment, is this on your mind? Do you typically apply this message in the "right now" situations?
 - **Apply to others.** Do you accept his compassion and grace for others (or, like Jonah, do you get upset thinking that God could be this way towards some people)?

2. Is this the way you see yourself and your church?

Do you believe that God has given you individually and your church as a whole these gifts? (In other words, do you believe what is said in **2 Peter 1:3 – 4**?) Do you see how important it is that you individually and your church as a whole continue to grow in these gifts?

If you're not happy with your answers to any of the above questions, don't be discouraged or overwhelmed. Go to God's throne of grace (*Hebrews 4:16*) and ask him for help. Share your feelings with others also, and pray for one another. Just don't doubt that this is who God is and who he has made you to be.

Compassionate, Gracious, Slow to Anger, Abounding in Love.

This is the way God is and the way he has made us in Christ.
Let's believe that about God and also believe that we can, with God's help, live that way ourselves.

*The LORD bless you and keep you;
the LORD make his face shine upon you
and be gracious to you;
the LORD turn his face toward you and give you peace.*

Numbers 6:24 – 26

Introduction

*The LORD is compassionate and gracious,
slow to anger, abounding in love.*

Psalm 103:8

How do you really view God?

How do you see yourself and your church?

The four key qualities of God listed in the psalm of David quoted above are referred to individually or altogether many times in Scriptures. He is compassionate, gracious, slow to anger, and abounding in love. That is a clear description of the way God wants us to understand him. It is the foundation for many key principles such as the one stated in **1 Peter 5:7**, quoted on the opposite page. The question is: do you see him that way?

And since we are made in the image of God and are called to imitate God, this is also a clear description of the way he wants us to be, individually and as a church – a people who are compassionate, gracious, slow to anger, and abounding in love. Again, the question is: do we see ourselves that way?

In the Scriptures we will study, God shows us the way he wants us to see him and how he wants us to see ourselves. We will first look at how these four qualities of God were viewed by his people throughout their history. It's clear that the qualities of God as described in this psalm were well-known by God's people. They may not have always followed them completely, but they knew about them.

Our goal in this study of these amazing qualities of God is to know him better and grow in our goal of being the people created in his image.

God bless you in your study of Him.

John Sullivan
August 2025

(There are seven Scriptures, including the one quoted above, where all of these four qualities are mentioned in the same verse. They are listed in part 1 starting on the next page. Read each of them in context and write your thoughts about how the compassionate and gracious qualities of God impacted his people. **NOTE:** this is not meant to be a fast study. Take a few days, maybe even a month, study each passage in its context and reflect on what is being said there. You will notice that much of this journal is blank space, meaning that this is an opportunity for you to express for yourself what you discover about the compassionate and gracious God and his compassionate and gracious people.)

1. The Compassionate and Gracious God

a. Exodus 34:6

This is the first reference in our Bible listing these four qualities of God. Two of the things that are interesting about this example are:

- (1) This is God's own words as he passed in front of Moses. Many of the other Scriptures listed below are the words of God's people describing God as having these qualities. But the first time they appear, it is God himself revealing this. In other words, we didn't make this up! That's important.
- (2) The context of that revelation from God is especially inspiring. The Israelites had just committed the unthinkable sin of making and worshipping the golden calf while Moses was on the mountain of God receiving God's laws. Of course, that's not the inspiring part! What's inspiring is that it was at that moment that God revealed his heart about compassion and grace. That's also important. (We will note later verse 7 which describes how his compassion and grace also fit in with the times when sin needs to be punished.)

How do you think that might have impacted Moses and God's people at that time? (See also **Numbers 14:18**, where a year later Moses quoted two out of four of these qualities when the Israelites sinned at Kadesh Barnea.)

David referred to these four qualities of God 3 times (and the psalms refer to individual parts of the list many other times). Read each of these carefully and their contexts.

b. Psalm 86:15

As you look at this whole chapter, how would you describe David's feelings about his needs and his convictions about God?

Is this the way you see your needs and the way you see God?

c. Psalm 103:8 (Quoted in the introduction)

We don't know if David wrote this before or after his sin with Bathsheba. But we can imagine that he thought about it even more clearly after he

➤ Slow to Anger

James 1:19

➤ Abounding in Love

John 13:34 – 35

This brief study has only looked at a few Scriptures and focused on only these four qualities of God. Of course, there are many other amazing characteristics of God. The Bible shows us over and over again the qualities of God as he wants us to see him and the qualities of his people as he wants us to be. Two of the concepts that stand out in the numerous times in God's Word when the qualities of God are applied to his people (*Galatians 5:22 – 23*; *Colossians 3:12 – 14*; and *2 Peter 1:3 – 9*, for instance) are:

- (1) These qualities are God's gifts to us. It's a part of the DNA we inherit from being made in his image. It is the fruit (i.e. result) of God's Spirit living in us. Because he has given some of his own attributes to you, you have the ability to be compassionate, gracious, slow to anger, and abounding in love.
- (2) He commands us to use these gifts. We do not have to create these attributes or just work on them by our own power – that can be very frustrating. We also can't brag about being the way God made us – that can be very frustrating to others. But we do need to make every effort to grow in these qualities. Focused, deliberate, practical effort. Clearly, there is a tremendous need for individuals and churches to be compassionate, gracious, slow to anger, and abounding in love.

It's also hopefully clear to us that this is the way we really want to live. We all want to be compassionate and slow to anger. God is not trying to manipulate us into a certain type of behavior. This is who we are because of who he is. He made us that way, and that is really how we all want to live. He wants us to know that about ourselves and not let Satan rob us of the joy that God brings because of the way he has made us in Christ.

Of course, we don't want to abuse these four qualities of God or take them for granted by thinking that unrepented sin won't be punished. But let these attributes of God become a reality to us. The more you understand that about God, the less likely you are to abuse it or take it for granted. (See **Romans 2:4**, for instance.)

4. His Compassionate and Gracious People

Hopefully, it is clear from all of the Scriptures inspired by God about these four qualities that God truly wants us to understand and believe that this is the way he is towards us. He really means what is said about him in his Word in passages like **1 Peter 5:9**. He really does care for us.

But there is more. Besides applying this to our own well-being, we also are called to pass it on to others. We are created in God's image (*Genesis 1:26 – 27*) and are called to be imitators of God (*Ephesians 5:1 – 2*).

Among other things, that would mean that individual followers of God and his church as a whole have inherited these four qualities from him and should treat ourselves and others accordingly. We have been given each of these traits (consider the fruit the Spirit in *Galatians 5:22 – 23*, for a similar, but longer list), and we are commanded to use them and grow in them (see the charge in *Colossians 3:12*, for instance.)

Take each of these four traits and describe in your own words how they should look in us as individuals and in us as the church, along with some of the Scriptures that instruct us and enable us to do so (as before, some example Scriptures are given, and you can probably add more).

➤ *Compassionate m*

Zechariah 7:9; Ephesians 5:32; 1 Peter 3:8 _____

➤ *Gracious*

Psalms 111:4 _____

was restored from that sin. As you look at this psalm, how does David's faith in these qualities of God impact his view of sin?

Is this the way you see your sins and the way you see God?

d. **Psalm 145:8**

In this psalm, how does David praise God personally for these four qualities, and how does he show his desire to make sure everyone around him and future generations after him knew God this way?

Is this the way you talk to God and the way you talk to others about him?

e. **Joel 2:13**

Centuries later, the prophet Joel drew upon these characteristics as a motivation for Israel to return to God in a very difficult time in their lives. Don't let shame or the overwhelming difficulty of a situation cause you to forget the truthfulness and the powerful impact of these four qualities of God. They are always true and the reason why he is able to do immeasurably more than all we ask or imagine (*Ephesians 3:20*). How do you think these four qualities of God inspired the people of Joel's day when they heard God's appeal to return to him (verse 12)?

Is this the way you view God when you are embarrassed about your sin or overwhelmed with your circumstance?

f. **Jonah 4:2**

The prophet Jonah, like the prophet Joel, knew this truth about God very well. Unlike Joel though, Jonah actually complained about it because he knew God would apply his compassion and grace to despised and dreaded Nineveh. **NOTE:** a century later God spoke through the prophet Nahum that Nineveh's repentance had not lasted and they would have to be punished. But his actions to them in the days of Jonah applied these four qualities to them. Do you ever despise people so much that you don't want God to be compassionate and gracious to them? What can you do to avoid that?

Is this the way you want God to reveal himself to people that are annoying you?

g. **Nehemiah 9:17**

This long prayer recounting God's history with his people came on an amazing day of worship, listening to God's Word, fasting, and confession. It's all about God and the persistence of his love, in spite of our tendency to be unfaithful and difficult to love. What were their convictions about the heart of God in dealing with them?

Do you spend time in prayer and praise, thanking God for his heart for you?

(Note again that most of these references point out the fact that there is still a need to punish sin, which we will summarize later. But for now, make sure these four qualities sink in.)

2. Four Key Qualities about God

Look at these four qualities in detail. Do some research to define and describe each one and list some Scriptures related to them (one or two example Scriptures are given for each one, and you could probably add more).

➤ *Compassionate*

Isaiah 30:18 _____

➤ *Gracious*

2 Chronicles 30:9; Hebrews 4:16 _____

➤ *Slow to Anger*

Nahum 1:3 _____

➤ *Abounding in Love*

1 John 3:1 _____

This is who God is. He wants us to know that about him and not let Satan rob us of the joy that God brings because of who he is.

3. Punishment for Sin

"Slow to anger" does not mean never gets angry. God is not a pushover when it comes to sin. Letting his people continue to hurt themselves and others would not actually be love. What we learn from these Scriptures and others is that God's punishment for sin is still characterized by his compassion and grace. Here are some of the points that we learn from the Scriptures in part 1 of this study. (You could probably add more.)

a. He does not treat us as our sins deserve. (*Psalms 103:10*)

b. Even though God forgives us, there may still be consequences and punishment for our sins. (*Exodus 34:7; Numbers 14:20 – 25*)

c. There has to be consequences for sin. Otherwise, people would continue to hurt themselves and others. Sin has to be punished. We expect that. What we might not expect is the compassionate and gracious way that God deals with that punishment.

What other thoughts stand out to you from the context of these Scriptures about the way these four qualities of God apply even in times when he has to punish sins? _____

Read and meditate on the carefully chosen words found in **Romans 11:22**.

As you consider both the kindness and sternness of God, what are your convictions about both? _____

The point is, though, that God himself revealed these four qualities to his people. Not everyone respected God for these four qualities. Not everyone

realized that God wanted them to also be that way. But many of them did, and so can we.